



Reindeer Trot 5K Run/Walk



Christmas in Carlyle 2015



Location: Carlyle Lake Dam

Date: Saturday, October 3, 2015

Race Day Registration: 7:00-8:00 am

5k Race Time: 9:00 am

5K runners/walkers registered by September 5, 2015 will receive a T-shirt.

Registrants after September 5, 2015 will receive T-shirts as supplies last.

Registration will be open until 1 hour prior to race time.

Awards: Medals for top 3 winners in each age group.

Age Groups: 10-13, 14-19, 20-29, 30-39, 40-49, 50-59, 60+

Refreshments after race.

Entry Fee: **\$30**

Make Checks Payable to: Fitness Factory

Mail Registration Forms and check to:

Fitness Factory

P.O. Box 49

Carlyle, IL 62231

Name _____

Address _____ City/State _____

Email _____

Phone _____ Gender M F Age on Race Day _____

T-shirt Size (please circle one) Adult: S M L XL XXL Youth: S M L

Disclaimer/Waiver of Liability: I understand that running/walking a race is a potentially hazardous activity. I know that I should not enter a run/walk unless I am medically able and properly trained. I assume all risks associated with run/walking this event. Having read this waiver, my signature certifies that I understand these facts and understand that upon your acceptance of this application, the entry fee is non-refundable. I myself and anyone entitled to act upon my behalf release the Fitness Factory and any other associates or volunteers of this race from all claims or liabilities of any kind arising from my participation in this run/walk. Further, I grant full permission for the free use of my name and photographs of this event for legitimate purposes.

Signature _____ Date _____

Participant or Parent if under age 18

Team _____